

# EVERYBODY RUNS

Choreo: Antoinette Claassens

Dance: 4 wall line-dance

Level: Improver

Counts: 64

Intro: 32 counts, starts on "young"

Music: "the journey of life"  
Thomas Anders

## Step fwd, cross behind, lockstep fwd (R+L)

1 – 2 RF step fwd – LF cross behind  
3 & 4 RF step fwd – LF cross behind –  
RF step fwd  
5 – 6 LF step fwd – RF cross behind  
7 & 8 LF step fwd – RF cross behind –  
LF step fwd

## Fwd rock step, shuffle 1/2 turn R, step, cross behind, lockstep fwd

1 – 2 RF rock fwd – recover on LF  
3 & 4 RF step back 1/4 R – LF close –  
RF step fwd 1/4 R  
5 – 6 LF step fwd – RF cross behind  
7 & 8 LF step fwd – RF cross behind –  
LF step fwd

## Fwd rock step, shuffle 1/4 turn R, cross, side, Sailor step 1/4 turn L

1 – 2 RF rock fwd – recover on LF  
3 & 4 RF step back 1/4 R – LF close –  
RF step R side  
5 – 6 LF cross over – RF step R side  
7 & 8 LF cross behind 1/4 turn L –  
RF step aside – LF step aside

## Step fwd, step fwd 1/4 R, sailor step 1/4 R, Fwd rock step, shuffle 1/2 turn L

1 – 2 RF step fwd – LF step fwd 1/4 R  
3 & 4 RF cross behind 1/4 turn R –  
LF step aside – RF step aside  
5 – 6 LF rock fwd – recover on RF  
7 & 8 LF step back 1/4 L – RF close –  
LF step fwd 1/4 L

## Step fwd, pivot 1/4 L, cross shuffle, hinge 1/2 turn R, cross shuffle

1 – 2 RF step fwd – RF+LF turn 1/4 L  
3 & 4 RF cross over – LF step behind RF –  
RF cross over  
5 – 6 LF step aside 1/4 R  
RF step back 1/4 R  
7 & 8 LF cross over – RF step behind LF –  
LF cross over

## Side, close, shuffle fwd, fwd rock step, Shuffle 1/2 turn L

1 – 2 RF step R side – LF close  
3 & 4 RF step fwd – LF close – RF step fwd  
5 – 6 LF rock fwd – recover on RF  
7 & 8 LF step back 1/4 L – RF close –  
LF step fwd 1/4 L

## Side, close, shuffle fwd, fwd rock step, Shuffle 1/2 turn L

1 – 2 RF step R side – LF close  
3 & 4 RF step fwd – LF close – RF step fwd  
5 – 6 LF rock fwd – recover on RF  
7 & 8 LF step back 1/4 L – RF close –  
LF step fwd 1/4 L

## Step fwd 2 x 1/2 turn L, Shuffle fwd, fwd rock step, coaster step

1 – 2 RF step 1/2 turn L fwd –  
LF step 1/2 turn L fwd  
3 & 4 RF step fwd – LF close – RF step fwd  
5 – 6 LF rock fwd – recover on RF  
7 & 8 LF step back – RF close – LF step fwd

## Start over again!

*Tag: 4 counts after the 1<sup>th</sup> [9] and 4<sup>th</sup> wall [9]:  
RF step fwd – RF+LF turn 1/2 L (x2)*

*Restart: in the 3<sup>th</sup> wall after 32 counts*